# Easy hiking 8 days, Upgrade

This trip includes all of the hiking highlights of the Narsarsuaq area. Furthermore, you get to experience first-hand the daily life of the Greenlanders who live in isolated farms and settlements in South Greenland. Within one week, you visit and stay at sheep farms and in villages. These are ideal starting points for a wide range of hiking trips, with stunning views of glaciers, green mountainsides and ice-filled fjords.

# Detailed itinerary

#### Day 1

Arrival in Narsarsuaq. In the afternoon you can take a little hike to the Signal Hill viewpoint (about 1 hour). From the top you can admire an impressive view of the glacier.

Accommodation Narsarsuaq for 3 nights.

## Day 2

Day hike to Narsarsuaq Glacier, which is a part of the ice cap and located only 8 km from Narsarsuaq. The hike takes you through the Flower Valley before the trail winds up a 300 m ascent to a plateau that rewards you a magnificent view of the glacier. From here you walk for about half an hour downhill to the glacier, where you can touch the ice. The way back to Narsarsuaq follows the same route.

## Day 3

Boat transfer from Narsarsuaq to Qassiarsuk. Qassiarsuk is also known as Brattahlid, the place where Eric the Red settled in 982. The Norse ruins are well preserved and the open-air museum (Brattahlid) can be visited on your own (admission fee is <u>not</u> included). You can take a day hike to the Tasiusaq sheep farm located on Sermilik fjord. It is a relatively easy hike along a gravel road, overlooking an impressive landscape dotted with small, blue lakes. There is a good chance that you can catch a glimpse of white-tailed eagles soaring overhead. From Tasiusaq you follow the sheep track to the neighbouring Nunataaq farm. It is a stunning hike along the Tasiusaq inlet, which is often filled with small ice floes. From Nunataaq you take another gravel road back to Qassiarsuk. The round trip is about 20 km in total.

#### Day 4

Boat transfer from Narsarsuaq to Qassiarsuk and hike to the Sillisit sheep farm. The hike is along a gravel road (about 15 km) and your luggage will be transported by car/boat. Sillisit is beautifully located across from the Qooroq Ice Fjord. It is an idyllic spot for an overnight stay that combines a stunning wilderness backdrop with the warm hospitality of a Greenlandic farm family to give you an unforgettable experience.

Accommodation at Sillisit farm for 2 nights. It is possible to buy a local dinner at the farm (not included and must be ordered in advance).

#### Day 5

There are several hiking possibilities around Sillisit. If the weather is good, you can hike to the top of Naajat (about 590 m). There is a fantastic view from the summit, and you can follow sheep tracks most of the way (not marked). An alternative tour is to take the gravel road across the peninsula to Sermilik Fjord (Kangerlua sheep farm, about 9 km). This is also a spectacular hike, and Sermilik fjord is often filled with icebergs from several active glaciers. Finally, Sillisit is the perfect place to relax and let the

impressions from the previous days settle in or have a walk around the farm and chat with the family living here.

## Day 6

Boat transfer from Sillisit to Itilleq, followed by a 4 km hike along a picturesque unpaved country road to Igaliku, one of the most beautiful villages in Greenland! The colourful houses are situated on lush grassland next to a milky-blue fjord. On the other side of the fjord the landmark Illerfissalik (Burfjeld) Mountain towers over a rough and desolate landscape.

Accommodation in Igaliku for 2 nights.

#### Day 7

Igaliku was the Episcopal seat (named Gardar) for a period of about 300 years (1100-1400) during the Norse era, and the ruins from that time are very impressive. In 1782 Anders Olsen and his Greenlandic wife Tuperna established themselves as farmers and that was the beginning of Igaliku's more recent history. Today, Igaliku and its surroundings have some of the best hiking opportunities in South Greenland.

One optional day hike (17 km) goes to the plateau, which offers a superb view of the Qooroq Ice Fjord, the stranded icebergs on the underwater moraine at the entrance to the fjord and the enormous glacier at the head of the fjord. It is the perfect place for a picnic! On the way back, you may be lucky enough to find minerals and stones, like the shining "moonstone" (labradorite). The "waterfall hike" (about 15 km) is another popular day trip. A set of beautiful waterfalls tumble like pearls on a string down towards Tunulliarfik Fjord. This hike can be combined with the summit of Nuuluk Mountain (823 m), which lies south of Igaliku (20-22 km).

## Day 8

Boat transfer from Itilleq to Narsarsuaq. You can spend the rest of your stay enjoying a cup of coffee at the cosy Blue Ice Café and/or visiting the museum in Narsarsuaq.

Departure Narsarsuaq.

### Meals

No meals included at farms and hostels. Breakfast included at Igaliku country hotel.

Cooking facilities available at all places (except Igaliku). You can go shopping in Narsarsuaq, Qassiarsuk and Igaliku. There is a restaurant in Igaliku and Narsarsuaq. Dinner at Sillisit sheep farm should be ordered in advance.

## Difficulty

The hikes between the hostels/farms are easy and follow gravel roads. The longest is about 15 km. Your luggage is transported by car or boat.

#### **Price includes**

All accommodations (excl. meals)
Igaliku Country hotel with breakfast
Transport of luggage
All boat transfers